

# Build Stronger Relationships and Break the Cycle

The Ohio CIP Initiative began in 2015 under Governor Kasich. With funding from OhioMHAS, the initiative invested in an evidenced-based prevention curriculum - Creating Lasting Family Connections (CLFC). That same year an evaluation component was developed to support the integration of CLFC into Ohio's re-entry system creating a partnership with three ODRC institutions.

In 2020, OhioMHAS received a three year federal grant from the Office of Juvenile Justice and Delinquency Prevention (OJJDP). This funding provided the opportunity to add the Family Component to the current programming. Both the Parenthood Component and the Family Component work to strengthen families in preparation for a successful reintegration upon release. This initiative is currently offered at five institutions and continues to expand throughout Ohio. An additional five ODRC partnerships are planned for 2024.

The Ohio CIP Initiative within the ODRC affects positive change in children. Through the application of concrete, practical skills this program provides parents an opportunity to build a more positive, connected relationship with their child(ren); much like parenting classes. These positive interactions help create healthier environments for children. The positive effects of these interactions are multiplied when participants model new skills for other parents or caregivers. As of July 2024, over 300 incarcerated parents have completed the program, and an estimated 730 children have been positively impacted through parental participation.

# Want to learn more or get involved?

Please visit our website at www.ohiocip.org!

## **Parenthood Component**

Provides incarcerated parents an opportunity to build skills in family management, communication, and personal responsibility which helps prepare them to successfully rejoin their families upon release. This program includes case management and follow-up support.

### **Family Component**

This component offers the opportunity for increased family bonding and communication between children and their incarcerated parent. Youth and adults attend separate group sessions and then participate in combined sessions towards the end of the program to apply newly learned skills in a safe, peer-group setting.



The OHIO Children of Incarcerated Parents Initiative

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# FAQ's

#### + Who?

This initiative is supported through collaborative partnerships between the UMADAOP Federation, SheRays & Associates, OhioMHAS, and Ohio University's Voinovich School of Leadership & Public Service. This executive team partners with the ODRC to implement the program within five ODRC institutions. Expansion to an additional five ODRC institutions is planned for 2024-2025.

#### + How?

Each ODRC facility selects which component(s) to implement at their location. Once selected, CLFC certified facilitators from a local UMADAOP connect with the ODRC facility to plan and execute the program. Class size is limited to 15 participants per cohort. Upon release, participants are connected with their local UMADAOP or other applicable resources for follow-up services and support.

#### + Evaluation

Outcomes are evaluated through a pre and post survey. This evaluation has been reviewed by the Ohio University Institutional Review Board (Federalwide Assurance #0000095) under protocols 17-N-81 and 21-N-10 and the Ohio Department of Rehabilitation and Correction Human Subjects Research Review Committee (HSRRC; Research Proposal Approval Form DRC-1827).

### + How Long?

Overall the program is 16 sessions - 15 programmatic with a graduation. The pace is determined by each institution. A recommended pace of 2 sessions per week means each cohort lasts 8-9 weeks, pending interruptions.

## **Our Valued Partners**

Thank you to our ODRC partner institutions for this collaboration.



CLFC is a cognitive behavioral program. Such programs implemented in prisons, with follow-through in the community after release, have been shown to be particularly effective in reducing substance misuse and recidivism.

Our evaluation shows statistically significant improvement in:

Communication & Conflict Resolution Intrapersonal & Interpersonal Skills Emotional Awareness and Expression Relationship Management Skills Relationship Satisfaction Relationship Commitment



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